



All India Association for
Advancing Research in Obesity
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KERALA CHAPTER
ANNUAL MEET 2021

WATCH
LIVE!

<https://www.jpefvirtual.in>

5th NOVEMBER
2021

04:00 PM ONWARDS

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KERALA CHAPTER
ANNUAL MEET 2021



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5th
NOVEMBER
2021

04:00 PM
ONWARDS

Dear Friends,

We are delighted to invite you for the annual meet of AIAARO Kerala Chapter, which is being held virtually on 5th November, 2021. The theme of the conference is "Mind it". Eminent speakers across India will enlighten us with thought-provoking lectures and discussions. We look forward to meeting you.

Regards,

Dr.Jothydev Kesavadev

Vice-President, AIAARO Kerala Chapter

ORGANISING COMMITTEE



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Organising Chairperson



Dr.SUMESH RAJ
Organising Secretary



Dr.SYAM D GOPAL
Scientific Committee
Chairperson



Dr.JOTHYDEV KESAVADEV
Vice-President
AIAARO Kerala Chapter



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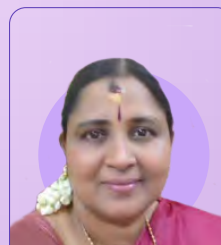
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Trivandrum



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Ms. SHILPA JOSHI
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Gurgaon



Dr. SUMESH RAJ
Trivandrum



Ms. SUNITHA JOTHYDEV
Trivandrum



Dr. SYAM D GOPAL
Trivandrum



Dr. VIDYUT SODHA
Mumbai

WELCOME: **Ms.GEETHU SANAL**, Secretary, AIAARO Kerala Chapter

ABOUT THE PROGRAM: **Dr.BENNY P V**, Organising Committee Chairperson

ABOUT AIAARO: **Dr.JOTHYDEV KESAVADEV**,
Vice President, AIAARO Kerala Chapter

04:00 PM | **INAUGURATION**
04:30 PM



Dr.SAMUEL KOSHY
IMA STATE PRESIDENT ELECT

FELICITATION: **Dr.Syam D Gopal**, Scientific Committee Chairperson

04:30 PM | **DIET AND DIABETES: UNRAVELING THE**
04:50 PM | **LINK-THE ICMR-INDIAB STUDY**

Speaker

Dr.Anjana Mohan, Chennai

Chairperson

Dr.Arun Shankar, Trivandrum

04:50 PM | **DISCUSSION**
05:00 PM

NUTRITION SYMPOSIUM

05:00 PM | **ROLE OF MEAL REPLACERS IN WEIGHT LOSS**
05:20 PM

Speaker

Ms.Shilpa Joshi, Mumbai

Chairperson

Ms.Sunitha Jothydev, Trivandrum

05:20 PM | **CHILDHOOD DIABESITY AND**
05:40 PM | **IMPACT OF HFSS FOODS**

Speaker

Ms.Sheryl Salis, Mumbai

Chairperson

Dr.Elizabeth K.E, Trivandrum

05:40 PM | WEIGHT LOSS: THE ONLY GOAL OR MUCH MORE FOR OBESITY ?

Speaker

Dr.Dharini Krishnan, Chennai

Chairperson

Dr.Asha Ashik, Kochi

06:00 PM | DISCUSSION
06:15 PM

06:15 PM | PANEL DISCUSSION:
07:15 PM | LOOKING GOOD, FEELING GOOD

Chairperson: **Ms.Sheryl Salis**, Mumbai

Speakers:

Ms.Shiny Surendran, Chennai

Ms.Shubhda Bhanot, Gurgaon

Mr.Rajiv Ambat, Kochi

Dr.Kavita Gupta, Nagpur

Dr.Ranjani Harish, Chennai

07:15 PM | SCIENCE OF OBESITY: UNDERSTANDING
07:35 PM | THE UNDERLYING FACTORS

Speaker

Dr.Banshi Saboo, Ahmedabad

Chairperson

Dr.Jothydev Kesavadev, Trivandrum

07:35 PM | DISCUSSION
07:45 PM

BATTLING WEIGHT GAIN - EXPERTS SPEAK

07:45 PM | ROLE OF MICROBIOME IN THE GENESIS
08:05 PM | AND MANAGEMENT OF OBESITY

Speaker

Dr.Arun S. Menon, Kochi

Chairperson

Dr.Madhu N, Paravoor

08:05 PM | A PEPTIDE PILL FOR DIABESITY
08:25 PM

Speaker

Dr.Jothydev Kesavadev, Trivandrum

Chairperson

Dr.Jayalekshmi R. Kurup, Kochi

08:25 PM | MEDICAL MANAGEMENT OF OBESITY-
08:45 PM | CURRENT INDIAN SCENARIO

Speaker

Dr.Johnny Kannampilly, Kochi

Chairperson

Dr.Sumesh Raj, Trivandrum

